



PEREZ &
ASSOCIATES, LLC
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ADULT SERVICES

MEDICATION MANAGEMENT, PSYCHOTHERAPY, & ADHD ASSESSMENT

Thank you for your interest in receiving behavioral health services from Perez & Associates, LLC (PALLC). For a general understanding of our process, please review this document prior to scheduling your first appointment. We are more than happy to answer any questions you may have and look forward to working with you.

YOUR FIRST VISIT

Your first session will consist of an extensive interview and assessment of your concerns. After the 50-minute interview, an initial impression will be offered regarding treatment recommendations. Treatment recommendations may include psychotherapy and/or medication management to address your behavioral health needs. Recommendations and treatment options to address your current symptoms will be explained in language that you can easily understand.

PSYCHOTHERAPY

Psychotherapy can lead to a significant reduction in psychological symptoms, increased satisfaction in interpersonal relationships, greater personal awareness and insight, and increased skills for improving daily functioning.

MEDICATION MANAGEMENT

Medical Psychologist Baraka W. Perez is licensed by the Louisiana State Board of Medical Examiners to prescribe medication. Medical Psychologists do not prescribe narcotics and only operate within the limits of their license. When psychological symptoms markedly impact your ability to work, maintain interpersonal relationships, or properly care for your basic needs, medication may offer much needed relief.

To ensure you are an appropriate candidate for medication consideration, a referral from your Primary Care Physician (PCP) is required prior to the prescribing of any medication. The PCP should confirm that you have had a well-visit within the past year.

During the 50-minute Initial Interview, we will discuss your concerns and determine the appropriate measures to assess your personal strengths and weakness.

The Testing Session is typically completed within 2-3 hours depending on your symptoms, cooperation, and attention level. Occasionally, a graduate-level clinician may assist with the test administration and scoring under the supervision of our psychologist.

Psychoeducational reports are typically completed within 2-3 weeks of your testing appointment. All test results and recommendations will be discussed during a 50-minute Feedback Session. You will have the opportunity to ask questions and determine if you would like the report shared with your school or an outside agency.

ADULT ADHD ASSESSMENT FEES

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| - Intake Interview (50 minutes) | \$250 |
| - Assessment (2-3 hours) | \$550 (Half deposit due at time of scheduling) |
| - Feedback session (50 minutes) | \$150 |

PAYMENTS

PALLC does not currently accept insurance policies. If you are on a PPO plan, your prescriber will be considered "out of network." If you wish to be reimbursed for sessions, you should consult your insurance company to determine their policies regarding mental health benefits for out-of-network providers. It is highly recommended you consult with your insurance company prior to scheduling treatment. As a self-pay provider, payment is due at the time of service. All major credit cards are accepted. Although PALLC will not file insurance claims on your behalf, you will be provided with the information needed for reimbursement (date of service, CPT code and diagnosis) from your insurance company. Fees are due at the time of service.

CANCELLATIONS AND NO-SHOWS

If you must cancel or reschedule your testing appointment, a five (5) business day notice is required. If your testing appointment is cancelled with less than a five business day notice or if you fail to present for a testing session, you will forgo your testing deposit. Cancellations can be done by telephone (504-641-4438) or email (info@perezllc.net).

SCHEDULING YOUR INTAKE APPOINTMENT

To schedule your initial session, please call (504) 641-4438. We always attempt to be accessible to you. If we are not immediately available by office telephone, please leave a voice message and we will return your call as soon as possible. Calls are generally returned within 48 hours.

Should you have any further questions prior to scheduling your first appointment, please let us know. Thank you for your interest in PALLC. We look forward to working with you.

Perez & Associates, LLC