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CHILD SERVICES

PSYCHOTHERAPY

Thank you for your interest in receiving behavioral health services from Perez & Associates, LLC (PALLC). For a general understanding of our process, please review this document prior to scheduling your child's first appointment. We are more than happy to answer any questions you may have and look forward to working with your family.

YOUR FIRST VISIT

Psychotherapy can lead to a significant reduction in psychological symptoms, increased satisfaction in interpersonal relationships, greater personal awareness and insight, and increased skills for improving daily functioning.

Your first session will consist of a comprehensive evaluation to assess your child's daily functioning. After the 50-minute interview, your clinician will offer initial impressions and make treatment recommendations based on your concerns. You will be given the pertinent information you'll need to determine if the recommendations are appropriate for your child. Recommendations may include psychotherapy, medication management, or psychoeducational assessment to address your child's behavioral health needs.

FREQUENCY OF VISITS

Follow-up sessions for psychotherapy sessions last approximately 50 minutes and typically occur once per week. Sessions may be less frequent depending on your child's treatment plan.

FEES

Initial Clinical Interview (50 minutes)	\$250
Psychotherapy Follow-up Sessions (50 minutes)	\$150

PAYMENTS

PALLC does not accept insurance. If you wish to be reimbursed for sessions, it is highly recommended you consult with your insurance company prior to scheduling treatment. Payment is due at the time of service. All major credit cards are accepted. Although PALLC will not file insurance claims on your behalf, you will be provided with the information needed (date of service, CPT code and diagnosis) for reimbursement from your insurance company.

CANCELLATIONS AND NO-SHOWS

At least a two (2) business day notice (weekends not included) is required if you must cancel or reschedule an initial or follow-up appointment. If an appointment is cancelled with less than a two (2) business day notice or you fail to show for an appointment, you will be charged the total session fee. Cancellations can be done by telephone (504-641-4438) or email (info@perezllc.net).

SCHEDULING YOUR INTAKE APPOINTMENT

To schedule your child's initial session, please call (504) 641-4438. We always attempt to be accessible to you. If we are not immediately available by office telephone, please leave a voice message and we will return your call as soon as possible. Calls are generally returned within 48 hours.

Should you have any further questions prior to scheduling your child's first appointment, please let us know. Thank you for your interest in PALLC. We look forward to working with you.

Perez & Associates, LLC